

# Health Horoscope

Marco, the health horoscope sheds light on the interrelation between your date of birth and your physical disposition and your constitution. It tells you the health risks that might arise when you find yourself in a critical phase or when you are dissatisfied with your own productivity and output.

By learning more about your own physical strengths and weaknesses and by being aware of the areas where you are particularly susceptible you can improve your well-being and prevent illnesses. At the same time the health horoscope is not only concerned with superficial physical aspects, it also places emphasis on the necessity for psychological health and happiness. The diverse connections between your body and soul must never be neglected. Emotional stress or negative feelings and reactions are often the source of many illnesses or malfunctions which cause you to lose your inner equilibrium.

In this respect the health of people should be viewed in its entirety and not simply defined abstractly as illnesses. You will only really be able to feel good and to realize your full potential if you are at peace with your environment and with yourself. You will only be able to lead a fulfilling and happy life under the condition that your abilities and requirements are in tune with each other. Feelings of fear, uncertainty or discontentment which can, among other things, give rise to particular diseases will rarely occur.

Your element shows that you are a lively and energetic person with a thirst for adventure who loves change and who courageously and curiously gets involved in exciting enterprises. You always proceed impetuously and recklessly as you hate limitations of any sort. In your yearning for new boundaries and extraordinary experiences you place great value on your freedom and independence - you believe that this is the only way that you can develop your capabilities and opportunities.

Marco, your pronounced self-confidence ensures that you are not discouraged by problems or minor setbacks. You know your strengths and